

OFF-CAMPUS PROVIDER – Short List

Therapists:

Kingston

Maverick Psychotherapy Group

- (845) 679- 8650

- maverickpsychotherapygroup.com

Noelle Damon, LCSW-R

- noelledamon.com

- (845) 331- 2552

Heather Bergen, LCSW-R

- (845) 617- 4085

Sascha Goldhor, LMFT

- Prima Materia Therapy

- (818) 722- 9021

- saschagoldhor.therapy@pm.me

Skytop Mental Health Counseling (accepts insurance)

- <https://www.skytopmhc.com/>

- (845) 863- 4588

Red Hook

Laura Bresler, PhD

- (845) 514- 4626

- lebreslerphd@gmail.com

Glenn Marron, PhD

- (917) 477- 3016

- glennmarron.com

John Mondello, MS, LMHC

- johnmondello.com

- (845) 237 - 3973

Susan Pelosi, LCSW-R

- susanpelosi.com

- (646) 236-3077

- susan.manly@gmail.com

Updated 8 April 2026

Juliet Wolff, LCSW-R

- (845) 232 - 2329

- julietwolfftherapy.com

Alix Sugarman, MPS LCAT ATR-BC

- (845) 379 - 0331

- sugarmantherapy.com

Rhinebeck

Elijah Nella, LMFT

- elijahnella.com

- (845) 481 - 0036

- hello@elijahnella.com

John Nathan, LCSW-R

- (917) 518 - 3849

Mark Sasvary, PhD, LCSW

- (845) 406-9605

- marksasvary.com

Jamie O'Neil, LCSW-R

- (845) 876-7600

Steven Siegel, PhD, LCSW, CASAC

- (845) 617 - 5130

Lisa Snyder, LMHC, CASAC

- lisasnydercounseling.com

- (845) 206 - 0881

Izlind Integrative Wellness Center & Institute

- izlind.com

Hudson

Sasha Hare, LCSW

- (917) 304-6785

New Paltz

Sarah Ryan, MHC-LP

- (845) 460 - 1455

Virtual Only

- Colleen Canyon, LCSW

- (929)992-0935

- contact@colleencanyonlcsw.com

Psychiatrists and Psychiatric Nurse Practitioners:**Kingston**

Patricia L. Gerbarg, MD

- breath-body-mind.com

Oren Kalus, MD

- Phone: 845-339-7370

Red Hook

Theresa Yonker, MD

- Phone: 845-758-9694

- no insurance

Rhinebeck

Julia Eilenberg, MD

- no insurance

- (845) 876-7822

- juliaeilenberg.com

Ron Goldman, MD

- Phone: 845-876-1177

Jonathan L. Kirsch, MD

- Phone: (845) 481-0627

Other Areas

Laurie Moran-Marsh, NP-P

- 1 Bushwick Road, Poughkeepsie, NY 12603

- 845-204-9578

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Northern Psychiatric Services (accepts most insurances)

- 11 Marshall Road, Wappinger Falls, NY,
- npspc.com

Riverview Psychiatric Medicine

- accepts most insurances
- 370 Violet Avenue, Poughkeepsie, NY
- riverviewpsychiatric.com

Southern Dutchess Behavioral

- accepts most insurance
- 1285 Rt. 9, Suite 7B, Wappinger Falls, NY
- sdutchessbg.com

Virtual Only

Dale Miller, PNP

dalemillerpsychiatry@proton.me